



Resource Guide for LA County Older Adults

LOS ANGELES COUNTY AGENCIES

Department of Consumer and Business Affairs

dcba.lacounty.gov - (800) 593-8222

- Consumer counseling, complaint investigation and consumer education

Aging and Disabilities Department

Elder Abuse Hotline

ad.lacounty.gov - (877) 477-3646

- Investigates reports of physical or emotional abuse, abandonment, self-neglect.

Information and Assistance Hotline

ad.lacounty.gov - (800) 510-2020

- Information and help on critical services, including home-delivered meals.

Assessor's Office

assessor.lacounty.gov - (213) 974-3211

- Information on real property, including property taxes & assessed values.

Department of Mental Health - Public Guardian

dmh.lacounty.gov - (213) 974-0515

- Investigates an individual's need for conservatorship.

Department of Mental Health Hotline

(800) 854-7771

- Operates 24/7

Department of Public Social Services

dpss.lacounty.gov - (866) 613-3777

- Benefits and services to eligible residents with low incomes.

Treasurer and Tax Collector

ttc.lacounty.gov - (213) 974-2111

- Provides property tax information.



OTHER GOVERNMENT AND NONPROFIT HELP

Bet Tzedek Legal Services:

www.bettzedek.org

(818) 769-0136

- Free and low-cost legal help to eligible individuals.

2-1-1 Info Line

- 211 connects people to emergency food, shelter and other services.

Bar Association Lawyer Referral Service – Elder Law Committee:

www.smartlaw.org **(213) 243-1525**

- Legal information and assistance to older adults.

California Department of Financial Protection and Innovation:

dfpi.ca.gov - **(866) 275-2677**

- Information and complaints regarding investment and financial fraud.

Contractors State License Board: www.cslb.ca.gov - (800) 321-2752

- Information and complaints against contractors.

Federal Trade Commission: www.ftc.gov – (877) 382-4357

- Report scams! Consumer education, fraud investigation and enforcement.

Insurance Department-California: insurance.ca.gov – (800) 927-HELP

- Information and complaints against insurance companies, agents & brokers.

Legal Aid Foundation of Los Angeles: www.lafla.org - (800) 399-4529

- Free and low-cost legal help to eligible individuals.

Long Term Care Ombudsman – City and County of Los Angeles:

wiseandhealthyaging.org - **(800) 334-9473**

- Advocates for residents residing in long term care facilities.

PROTECT YOUR CREDIT AND INFORMATION

Free Credit Reports:

www.annualcreditreport.com

(877) 322-8228

Get your free credit report every 12 months from each of the three major credit-reporting agencies: Equifax, TransUnion and Experian. You may also contact the credit agencies by phone: Equifax **(800) 525-6285**, TransUnion **(888) 397-3742**; Experian **(800) 916-8800**

Opt Out of Pre-Approved Credit Offers

www.optoutprescreen.com

(888)-567-8688

- Remove your name from credit agencies' pre-approved credit offer mailing list.

National Do Not Call Registry: www.donotcall.gov - (888) 382-1222

- Remove your name from telemarketing lists.